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# MONTEREY NEWS



April, 1973

## OUR TOWN



### Selectmen's Efforts to Obtain Backing for Lake Buel Algae Control Successful

The Monterey Selectmen have received letters from State Senator Alan Sisitsky and State Representative Sidney Curtiss supporting their appeal for funds for an algae control project on Lake Buel. A bill has been filed in the Legislature providing for the allocation to individual towns of Public Health monies for anti-pollution and other such projects.

### "Save Scenic Monterey" Urges DPW Aid for Route 23

In a mailing to all townspeople the "Save Scenic Monterey" group, which formerly concentrated on opposition to the construction of a bypass to Route 23, urges application for DPW funds for the partial straightening and improvement of the road, which is owned by the Town, after the manner of the work done on Route 41, in Sheffield, a State-owned road. State District Highway Engineer Dean Amidon has pointed out some of the difficulties of this approach, but has stated that the DPW is conducting a study of Route 23 to determine the high-accident locations and what can be done about them. He emphasized the dissimilarities of the project to that conducted in Sheffield and the economic impossibility of the DPW becoming responsible for the entire maintenance of Route 23 in the Town of Monterey.

### All-Town Informational Meeting To Be Held April 25

Growing out of a concern to have a clearer understanding and more open discussion of some of the problems related to the welfare of the Town of Monterey by its residents, some members of the group formerly known as "Save All Monterey" have organized a meeting on Wednesday, April 25, at 7:00 p.m., in the church basement. Town officials and members of various commissions and committees will be present to answer the citizens' questions re present plans for Route 23, power control on Lake Garfield, regional sanitary landfill zoning plans, new beach location and other items of crucial interest to the town. A general airing of opinions by all present will be encouraged.

### Council on Aging Studying Needs of the Elderly

The Regional Council on Aging, whose headquarters are in Amherst, is making a survey of the needs of the elderly in the different towns. It is funded by an agency dealing with nutrition. So our local Council on Aging would like to hear from readers as to what programs seem most important to them -- particularly for elderly people who prefer to stay in their own homes. Do they need transportation to grocery stores? A center serving hot meals? "Meals on Wheels"? Or what? -- when and if funds are forthcoming. Members of the local council are: Margery Janes, Rose McKee, Alfred and Adrienne Mollé, Leonard and Cynthia Weber.

### Testimonial Dinner for George B. Helmrich

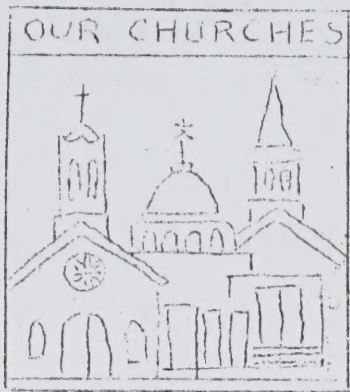
On the first day of spring, eighty-three people entered the candle-lit banquet room of the Hillside Restaurant to honor our retiring assessor, George B. Helmrich, who has completed eighteen years of public service.

The guests were especially happy to see that Beatrice Phillips was present, and walking again, and that Audrey Helmrich was there (her first time out, she said, since September).

The guest of honor's table was filled largely by assessors and their families. Sheldon Fenn presided as toastmaster, calling on several to speak, and giving the credit for the dinner to Frances Amidon and Anne Marie Makuc. His own speech dealt lightly with matters pertaining to the assessor's office. Several unusual gifts were presented to the Helmrichs by the grateful townspeople.

The food was excellent, the spring decorations pretty. We ended by singing "For He's a Jolly Good Fellow" to George B. Helmrich.





## CATHOLIC CHURCH

Masses every Sunday at 10:00 a.m. at the Immaculate Conception Church, Mill River.

## UNITED CHURCH OF CHRIST

### Notes

Morning worship at 10:30 a.m. every Sunday. . . . Church school and confirmation class, 9:15 a.m., every Sunday. . . . Bible Study and Prayer Group every Tuesday, 7:30 p.m., at the home of Hadley and Elizabeth Simons.

### Holy Week Services

Maundy Thursday communion at 7:30 p.m. in the social room. The worshipers will be seated around tables. The ceremony will begin with the basic elements of the passover meal, to help us remember the origin of our communion service. There is to be a memorial period in which we remember those who have died during the year. The communion service will be celebrated with the office of tenebrae, pointing toward the darkness of Good Friday. In this celebration of communion all who share in claiming the lordship of Christ are invited. . . . On Good Friday the church will be open and devotional material provided for all who wish to come for prayer and meditation.

### Easter

Easter breakfast in the social room at 9:00 a.m. This event is sponsored by the Junior Hi Youth group. All in the community are invited. No tickets needed. Just come. . . . Easter worship at 10:30 a.m. All are invited to come celebrate the eternal life which Jesus promised, and which he demonstrated with his own life, death and resurrection.

### Massachusetts Conference

The State Conference of the United Church of Christ is holding its annual meeting on May 5 and 6. Delegates from our church are Hadley Simons and Marie Brallier, besides the ministers. Following the suggestion of the Conference, our church is planning a laity Sunday. The Reverend Lois Rose is working with a group of lay persons to plan the worship. The Conference is an issue-filled event this year. At this meeting Dr. Brallier is ending six years on the board of directors of the Conference. This past year he has served as vice-chairman of the board.

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## TWO CATHEDRALS

Chartres is a statement:  
"I AM THAT I AM."

It is not the same with Notre Dame,  
Who, preening her porticoes,  
Cries, "Look at me!"

And, although enchanted with what we see,  
We return in awe to the Word made Stone:

"I AM THAT I AM. . . .  
And I stand alone."

Patricia Howard



## THE RIGHT TO BE

"Pardon me for living." These words were spoken in strong tones of hurt and bitterness by a person who felt she was not being accepted within her group. The sense of being rejected seemed to be coming from the group. But a deeper look revealed that within the person herself there were strong doubts about her own worth.

The more deeply I become acquainted with the nature of the human creature, the more I hear echoes and overtones of this tendency to be self-rejecting. This is not some little malady that comes from having had a bad day. Rather, it seems to be rooted in a long history of fear and anxiety, and is grounded in racial memories passed on from generation to generation.

Paul Tillich, one of the greatest theologians of our time, noted this nearly universal hostility people have toward themselves. Said he, "One speaks so often of pride and arrogance and self-certainty and complacency in people. But this is, in most cases, the superficial level of their being. Below this, in a deeper level, there is self-rejection, disgust and even hatred of one's self."

A large part of my work as minister and psychologist lies in grappling with this powerful tendency toward self-abasement and self-denigration. This persistent need of people to knock themselves down is largely at the root of the way we disorder our lives and engulf ourselves again and again in unhappiness. Of course, this part of our character has so many disguises that we can hardly begin to catalogue them. The proud and arrogant person would seem to be the opposite of the self-denigrating person. But not so. Why else would the proud person strut and crow, except to cover up his feeling of weakness? And how about the person who takes great power into his hands? Does not his fear show through the way he uses his power time and again?

Here is the person who is skillful at manipulating others. Does he show that he has overcome his self-doubts, or does not his self-doubt show up in his very need to keep pushing others into his own schemes for survival?

Sometimes in the midst of this human drama that continues to reveal so much self-distrust, I find myself wanting to cry out to people words such as these: "You have the right to be." "It's all right to be just who you are." "Stand up and be the person you are without fear and without shame." Of course, I have long since learned that it is futile to throw out such broadsides. This self-distrust is far too deep to be reassured by easily-spoken words. It just won't go away, either by your or my brave whistling in the dark.

I sometimes feel that the essence of achieving personhood is to find ways of overcoming this deep-seated tendency toward self-hatred. Whether in my work as a minister or as a psychologist, I find this problem challenging me as almost no other does. What is this "flaw" in the human character? Why this pernicious strand within our personality that threatens to undo us? But I must not, in this article, try to explain it so much as ask each one of us to begin to recognize its presence in ourselves and in others.

Long before it ever occurred to me, wise persons have been recognizing that our dangers and our opportunities are often linked closely together. The dangers in self-despising show up all around us, and within us. It may not be so obvious that one of the great opportunities of becoming a real person lies in overcoming our need to hate ourselves. Something of the true stuff of our humanity comes to light in the search for our right to be. The ravages of our self-hatred are so destructive that if I had the power I would hand belief in oneself out to persons the way I might give a lollipop to a child. Fortunately, I can't do it that way. I may give all kinds of encouragement, but in the end it is something the other must take for himself.

The one thing I can give to the person who does not believe in himself is love. This may seem like a trite and threadbare suggestion. A lot of talk about loving turns out to be silly and sentimental. Nevertheless, love is still the prime moving force in the world. Seeing myself loved, treasured, valued by another has much to do with the worth I find in myself. If I feel rejected and unloved I am more likely to see less to value in myself.

There still remains the need to translate the love I receive from another into the willingness to believe in my own worth. Admittedly, this is not as simple a transaction as it seems. Perhaps this is why many persons affirm that God is love, and the real basis of recognizing our worth lies in our acceptance of God's love. The right to be comes most clearly from the love that creates and renews life. Claim your heritage to life. God loves you!

Virgil V. Brallier, Minister  
Monterey United Church of Christ



## NEW MARLBOROUGH-MONTEREY PTA

The PTA realized approximately \$200 at their April 3 card party. Many thanks go to Mr. and Mrs. Joseph Chigchine, owners of the Hillside Restaurant, who donated the restaurant and its facilities for the card party.

Scholarship forms are available at the Guidance Office, Mt. Everett High School, for those who wish to apply. The closing date is May 1.

The next regular meeting of the PTA will be Monday, April 30, 8:00 p.m., at the New Marlborough Central School. Members of the school committee will be present for an informal coffee-hour type discussion of school affairs. Parents and taxpayers are encouraged to attend, as questions will be answered at that time by the school committee members from our towns. The nomination committee will also present a slate of officers for the year 1973-74.

Brian W. Callahan  
President

## MONTEREY GRANGE

We observed Youth Night on March 21. Youth from neighboring Granges conducted the meeting, with Lucy Ann Wuari, from Umpachene Grange acting as Master. They also furnished a delightful program.

On April 4 it was Officers' Exchange Night. Each officer invited a guest from another Grange. Members acted out commercials and advertisements, which created a lot of fun.

The next meeting will be on Wednesday, April 18, when 1st and 2nd degrees will be conferred, and State Grange Deputy Earl Cook, from Westfield, will make his official visitation.

Mary Wallace  
Lecturer

## GOULD FARM

Sean William Kerwin was born to Bill and Barbara Kerwin, of the Gould Farm staff, on Wednesday, April 11, at Springfield Women's Hospital. The Farm rejoices at this latest addition to its family.

Rose McKee

## LADIES' AID

The first meeting of the Ladies' Aid in April took place April 12 at the home of Helen McKay. The next meeting will be Thursday, April 26, 1:30 p.m., at the home of Marion Schneider.

Helen McKay  
Secretary

## PHILERGIANS

The Philergians met at the home of Marjorie McLaughlin and Edith Wilson on April 5, 1973. Twenty people attended this meeting.

Marie Brallier asked the group what would be their decision with regard to a donation to the Society for the Prevention of Cruelty to Children. The financial need of the SPCC had been made clear to us by Bette Seigerman at our last meeting. The motion was made and carried to give \$25 to the SPCC.

The question of scholarships for this year arose. It has been our custom to give \$200 a year -- carrying two students at \$100 each for two years. It was decided to continue the \$100 scholarship for Douglas Lyman, Jr. for his second year, and to appoint a committee to work with the school guidance counsellor to select a new student for the second \$100.

The business meeting was followed by a showing of slides by Edith Wilson and a description of the trip taken by four of us to California via the Panama Canal. We were part of a "Yankee Tour" on the maiden voyage of the beautiful Norwegian ship, "The Royal Viking Star". Edith's slides included scenes in Haiti, Curaçao, Cartagena, Columbia, Mexico and Los Angeles, and a final glimpse of our own country taken from the window of the Amtrak train carrying us home.

Ethel Sleeper then continued the showing with excellent slides taken during her stay in Mexico. These presentations were enhanced by a colorful exhibit of articles purchased by Marjorie and Edith in Haiti, Panama and Mexico, and a few exotic garments worn by the travellers.

Helen Shaw  
Secretary





#### GIRL SCOUTS

The Juniors have completed work on their drawing and painting of badges. The high point of their activities was a trip to the Hayloft Gallery in Monterey and a visit with its owner, Mr. Leonard Weber. Interest and energy will now be focused on the musician and cyclist badges. An all-day bike trip will be held some time during spring vacation.

The Cadets presented the Berkshire Hills Nursing Home with an original Easter egg arrangement to cheer their holiday. This month they will lend their helping hands to the Park Commission, which needs assistance with the favor-making for the annual Easter party. With the Scout year drawing to a close, the Cadets have completed work on their child care, good grooming, dressmaking and sporting badges (the bowling was great fun). Cooking and hostess badges are next on the list.

The work of both troops will be formally recognized at the May 23 Court of Awards, at which time badges and/or promotions will be presented to our hard-working and active Girl Scouts.

The cookie sale is now over, and many thanks go to the people of Monterey for making it a huge success.

#### BROWNIES

These thoughtful girls presented Avalon students with hand-made Easter cards. Plans for the remainder of the year are now in progress, as the final Brownie meeting will be held on the last Thursday in May.

#### BOY SCOUTS

Effective this month, Troop #39 is meeting in the New Marlborough Town Hall instead of the Fish Hatchery.

#### CUB SCOUTS AND WEBELOS

This group greatly enjoyed their recent trip to Springfield to see "Disney on Parade". Their next pack meeting is scheduled for Friday, April 27, at the Mill River School. Activities will center around the theme of "Knights".

#### 4-H GROUPS

All Monterey 4-H groups will be visiting the Pittsfield Taconic High School on Saturday, April 28. A fashion show will be given, and there will be displays from the various 4-H groups in Berkshire County.

#### JUNIOR HI YOUTH

The Junior Hi Church group attended a swimming party at the Jug End Barn on April 14. Several group members are working on song-writing. They are creating lyrics which will eventually be put to original tunes.

Leland Williams



DON'T FORGET THE EASTER EGG HUNT ON THE LIBRARY LAWN EASTER SUNDAY!!! This annual event is sponsored by the Park Commission and will take place at 2:00 p.m. Sunday, April 22. Children aged one to eight years are invited. There will be prizes for finding the largest and the smallest number of eggs, as well as for finding the "Prize" eggs. Refreshments in the church social room will follow the event. Many thanks to the Girl Scouts for helping with egg coloring, making favors, and the serving of refreshments.

ACKNOWLEDGMENTS

We are happy to have received contributions from the following persons this month: Dr. Alfred Emmel, Mr. and Mrs. Leon Howes, Mr. and Mrs. Peter Schweid and Mr. and Mrs. Robert Sidman. Thank you!

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